

# Your Health Our Future



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**NHS Borders is committed to providing you with the highest standards in modern health care. But we need your help to plan for the future. We are proud of what we do, and the care we offer, but there are significant challenges that must be addressed:**

- new methods of delivering health care, such as more community-based services
- a changing community, and an increasing older population with associated chronic illness
- we have an ageing workforce

We need to change how and where we provide health services for people in the Borders.

We will face financial challenges in the years ahead, including an expected limited financial settlement. This may mean hard decisions and difficult choices need to be made.

We want your thoughts on how care should be offered in the future to meet the needs of you and your family. By getting involved, you can help make positive change happen and ensure the services offered by NHS Borders will meet your needs, now and in the future.

## **If you would like:**

- to find out more about Your Health Our Future
- to get involved in shaping health services
- to get more information on local health issues

## **Please contact:**

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